



The wisdom and power of God is not confined to the creation of man and the material world. Beyond man, millions of creatures exist in a higher state of perfection than man. Psalm 90 says: 'God will put his angels in charge of you to protect you wherever you go.'

f we really understood the dignity of angels; their close relationship with God; their prudence, excellence and power; and the affection and concern they have for us, we would be inflamed with a real love for angels. Many people make very little effort to increase their knowledge about angels even though they are aware of their existence. We must first know them before we can honour and love them.

The Church has always practiced and encouraged devotion to the Holy Angels. Although invisible, they accompany us all the time. We need the angels because they are near to God. They are a guide and model for us they help us to grow closer and closer to God.

These spiritual beings are also powerful intercessors for our daily needs and we should call on them often throughout the day. Should you feel a grave temptation or fear a great trial - invoke your guardian angel, your guide, your refuge in oppression

and in distress. May your guardian angel be your intimate friend.

We turn to St Michael the Archangel, because he fulfilled God's will faithfully. Like the angels once were, we too are on trial. We, like the angels and St Michael, have to remain humble in submitting our wills to the will of God. That is why a real devotion to the Holy Angels consists in seeking to imitate them. To imitate the angels means: to walk in the presence of God in the semi-darkness of our faith; to do God's will; to give thanks to God and to praise Him for His glory and love; to hate sin; to sing to God in our hearts and with our voices; to adore His Holy Name.

I assure you of the constant daily prayer of the priests of the Congregation of St Michael the Archangel for all our readers and their families. Please let others know about this magazine and help us to distribute it all over the world.

God bless you.

Fr Peter Prusakiewicz CSMA

The **Angels** Messengers from a loving God

A Catholic Quarterly Magazine on Holy Angels

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A friend gave me a copy of The Angels, issue 4, volume 1. I read with interest the reports of angelic activity in the lives of some of your readers. You may be interested to know of three wonderful incidents that happened to my sister, Patricia (died 2004). She was always a little apprehensive when driving her car and constantly invoked the protection of her guardian angel.

er guardian angel certainly took great care of her. On one occasion when driving up a steep hill she heard his voice say to her "slow right down" doing so she then reached the top of the hill, and just a few yards ahead, a cyclist had fallen off his bike and lay in the road. Due to her driving slowly she avoided running over him. On another occasion she was turning right and his voice again said "Stop". Just then another car going at great speed overtook her on her right. Had she not stopped the other car would have ploughed into her, with possible great injury or death for one or both of them. While driving on a cold

wintery day her car slid on black-ice and was heading out of control towards a brick wall. When suddenly the steering wheel, apparently guided by her guardian angel, spun round but somehow managed to right the car and she was able to continue her journey safely. I remember reading in a national Sunday newspaper of a coach full of pilgrims was on the motorway returning from Fatima. With alarm, one of the pilgrims saw that the driver was unconscious, when all heard a voice say to them "Be not afraid. This is your brother, Michael the Archangel. God has sent me to see you safely along your journey." The coach was driven

perfectly, stopping, slowing down, giving signals, overtaking all while the driver was still unconscious until it reached its destination. My own dear guardian angel once saved me from a serious accident. I was driving in a thick fog, when someone whistled to me. For some reason I immediately drove in the direction of the whistle and at that moment a bus coming in the opposite direction loomed out of the fog. Unbeknown to me I had been driving on the wrong side of the road due to the fog. Had I continued the bus would have hit me head-on.

Edward, Liverpool, UK

The Apostle of the Rosary

There are probably no saints who would not emphasise a particular care of guardian angels. The same was with Blessed Bartolo Longo, an Italian lawyer, whose conversion occurred due to the Virgin Mary and St Michael the Archangel.

B artolo Longo was born in 1841 in to an Italian Catholic family. He was educated at the Piarist College but he abandoned his faith influenced by positivist views connected with atheism, the cult of reason and anticlericalism.

Naples, where Bartolo studied, seemed the capital of new movements hostile to the Church. At that time, spiritualism concerning the enlightened religion earned enormous popularity.

A young student soaked into it believing that he had discovered a genuine faith. Participation in séances and asking spiritual beings about mysteries of a supernatural world became an element of his daily routine. Due to his activity, Bartolo was more and more engaged in a narrow group of worshippers of Satan. The culmination point was a dark ritual in which he was ordained a satanic priest. After that he returned to his flat where he stayed for a couple of days in a strange state of trance full of nightmares.

Bartolo still conducted numerous anticlerical actions and meetings; in the evenings he attended the séances and the sect.

He showed signs of possession and started losing control over his life. His friend, an ardent Catholic from his hometown, warned Longo that he would end up in an asylum. The lawyer took those words to heart. Divine Providence sent angels in a human form who, via prayers and through good deeds, helped Bartolo leave the sect. Some of them like Fr Ludovico of Casoria, Caterina Volpicelli and Guiseppe Moscati were elevated to the glory of the altars. Thanks to them a great turnaround occurred in Bartolo's soul. Now, with a rosary in his hand, Longo publicly encouraged his old "friends" to turn back from the way to hell.

Evil beings did not want to leave Bartolo alone. A few years after his conversion, he went to Pompeii to organize legal documents of his would-be wife Marianna de Fusco. There he felt such complete despondency that he almost committed suicide. The reason for this was a horrifying thought seeped into his mind by the evil spirit, that Satanic priesthood was as eternal as was Divine priesthood and that Bartolo was sentenced for damnation. When he wandered in the Pompeian wilderness in lurid despair, like a flash from heaven



the thought came: "He who spreads the Rosary will be saved." The promise, which Our Lady gave St Dominic, instantly inspired Bartolo to promote the Rosary in the valley of Pompeii where its residents' beliefs were a blend of Christianity and paganism.

Longo almost immediately started to put this promise into practice. Walking around from hut to hut he taught peasants how to pray the Rosary. In the course of time, he established the Brotherhood of the Rosary and agreed on a bishop's request to replace an old crumbling church for a newer and bigger one. The lawyer was not aware that a great missionary, deputed to him by Our Lady Herself, hid after the request. The sanctuary we admire today in Pompeii was the result of Bartolo's enthusiasm and faith.

When the bishop planned to consecrate a cornerstone on 7th May, Longo proposed to postpone it until the next day as it was the liturgical feast of St Michael the Archangel. He believed that "the same as the Prince of Heaven drove out rebellious Lucifer from heaven, he would also drive him out from that pagan valley where the Devil reigned for too long." Bartolo recognized the Archangel, a patron



■ The Sanctuary of Our Lady of the Rosary of Pompeii, Italy

saint of Pompeii, due to his apparitions on Mount Gauro (now known as Mount Faito), surrounding the valley from the south. The vast majority of tourists do not pay attention to it, instead looking on a marvellous panorama of Mount Vesuvius which is situated north from Pompeii.

History connected with St Michael's apparitions on Mount Gauro is almost unknown. In ancient times the mountain was called "Gaurus" which was associated with a Latin word "auerus" meaning "gold", "golden mountain". When Christianity came, the name of the mountain was changed after an event mentioned in the church office on 17th January, on the feast of St Castellus. In the 7th century, Castellus was a bishop in Castellamare City. He often met St Anthony, the abbot of the Benedictine monastery in Sorrento, at night prayers in mountain caves. Once, immersed in prayers, St Michael appeared to Castellus and ordered him to build a church on the top of the mountain where he would notice a flame. The fire that the Archangel talked about appeared on the highest of the three peaks of Mount Gauro. After numerous difficulties and even a case of slander, which caused Castellus'

imprisonment in Rome, the bishop managed to finish his mission. A source of clean water appeared at the top of the mountain. It turned out to be extremely helpful when building the church. Later, lots of pilgrims visiting the temple in September drank from it. St Castellus' Church and the pilgrimage tradition lasted until 1860s when groups of bandits settled there. An army destroyed the old church to prevent muggings. Fr Sarnelii, the bishop of Castellamare, managed to save a marble statue of the Archangel which St Castellus brought from Rome 1200 years earlier.

Bartolo never doubted that St Michael had great Divine works to do in the valley honoured with his apparitions. He mentioned: "The Prince of Heavenly Hosts often encompassed us with the power of his caring shoulders. Countless are the triumphs that he won over his enemies who openly or secretly put up obstacles against our work. His apparitions in the 7th century were a preparation of Mary's reign in this abandoned and unknown valley. The angels set a camp in a pagan land preparing the battle against Satan. The time of grace and Divine Mercy would come."

Bartolo wrote: "From the day, in which we put a cornerstone for construction of the Church of Our Lady of the Rosary, we celebrate the day of 8th May as a feast of St Michael the Archangel. On that day we have two cases in mind particularly – that the greatest of angels chose our mountain for the place of his miracles, and that the Queen of Angels, his queen, decided that this poor valley would be a site of Her particular graces."

The beautiful church, a school, workshops, a nursery for orphans, a children's home for prisoners' offspring were great testimony of God's Mercy as well as the Virgin Mary's glory and angelic care. Despite various dangers, attacks of evil spirits and even an open hostility of some church dignitaries, those works flourished and were a significant proof of God's grace. Over the years, 8th May was solemnly celebrated in the Pompeian sanctuary. Nowadays, on that day, as well as on the October feast of Our Lady of the Rosary, the Night of Prayer takes place there. The faithful meet to keep vigil and say the Rosary.

The devotion to the holy angels may be noticeable, not only in Bartolo's numerous writings, but also when we look around at the beautiful frescoes decorating the interior of the sanctuary we may see various angelic themes. Before the church was repainted in the second half of the twentieth century, angels had been on the whole ceiling. It was enough to look up to see heaven, a foretaste of eternity. Later, some of those frescoes were replaced with scenes from Blessed Bartolo's life. However, we may say that the sanctuary in Pompeii is both a rosary and angelic one.

Marek Wos, Poland

Roses for Our Blessed Mother Mary

St Paul called all the Christians to pray constantly. "Our Father" is the very first and the oldest prayer taught by Jesus Christ. In the early monasteries friars were obliged to repeat this prayer many times a day.



■ The miraculous image of Our Lady of the Rosary of Pompeii

What about the Rosary?

▼ rom the very beginning of the Church, the faithful had the strong need to entrust their everyday problems to the Mother of God. St Dominic is supposed to be the father of the Rosary. According to a legend, he became upset and helpless during one of his missions against the Albigensian heresy in 1214. Sermons, fasts and prayers seemed fruitless. The Virgin Mary appeared to St Dominic and advised him to interlace his sermons with the so-called "Mary's Psalter", which was a prayer totalling 150 "Our Father" and "Hail Mary's".

Initially, it was said by illiterate peasants who wished to join their hard agricultural work with prayers. Soon, it became popular among all social groups from the poorest to the royalty. Its names originate from the Middle Ages. At that time, the created world was treated like a book about God. Nature symbolised God's glory, beauty and love. Plants particularly were

attributed to great features of God. Some plants looked beautiful with a wonderful fragrance such as the rose which was called "the queen among flowers"; people often brought them to the church or gave them to their beloved ones. Prayers were thought to be spiritual flowers. When people said the St Dominic's prayer it was compared to giving the roses to the Mother of God. The Rosary took its name from that belief.

Thanks to St Alanus de Rupe (1428-1475) the Rosary in its modern form had been shaped and promoted all around the world since the 15th century. Very soon it was approved by the Church authorities. In 1569 Pope Pius V established an official devotion to the Rosary. Two years later he was the first who experienced it as an invincible spiritual weapon against enemies of the faithful. Before the sea battle of Lepanto (on 7th October, 1571), in which Christians took tremendous victory over Ottoman Muslims, Pope Pius V called for all the Europeans to pray the Rosary. After that, he instituted 7th October as the feast of Our

Lady of Victory, later renamed for the feast of Our Lady of the Rosary.

Through the ages there were many saints who loved the prayer very much. St Louis-Marie Grignon de Montfort (1673-1716) was known for his particular devotion to the mother of God as well as the constant practice of praying the Rosary. He wrote numerous books which influenced many popes. The most famous ones are "The Secret of Mary" and "True Devotion to Mary".

Blessed Bartolo Longo (1841-1926) was a Satanic priest who turned to God after he heard the following words deeply in his heart: "Whoever spreads the Rosary is saved." That one sentence was enough for him to change his life completely. He became a lay Dominican and built a church dedicated to Our Lady of the Holy Rosary in Pompei, Italy.

St Padre Pio (1887-1968) always spoke about the Virgin Mary with great tenderness. He used to say: "Love the Madonna and pray the Rosary, for her Rosary is the weapon against the evils of the world today. All

graces given by God pass through the Blessed Mother." Many photographs show him laughing or speaking and praying the Rosary at the same time. The saint of Pietrelcina never parted with his cord of beads, his fingers skimmed over it incessantly.

In 1885 Pope Leo XIII the Great, encouraged people to pray the Rosary each day during the month of October. The Blessed Virgin Mary Herself propagated the prayer in Lourdes and Fatima. Apart from the battle of Lepanto, in modern history there are also examples of the effectiveness of the Rosary. Many people in Portugal were concerned with the words of the Mother of God in Fatima. They often went to confession and received Holy Communion, and kept holy water and other sacramentals in their homes and prayed the Rosary each day. Portugal was thought to be the least affected country during World War II. Inhabitants believed that it was thanks to the Rosary.

Six months before a bomb attack on Hiroshima and Nagasaki, two men (maybe angels) appeared and prayed the Rosary and preached on penance as the only rescue against a forthcoming disaster. On 6th August, 1945, everything in those two cities was razed to the ground. No buildings, not even a blade of grass was left. Everything except... a church and a friary. Just a few people gathered inside and praying the Rosary survived the atomic blast. U.S. Army specialists could not explain how it happened. Scientists examined the survivors over two hundred times. Doctors warned them about radiation and the ill-effects of the bomb. However, they seemed to enjoy good health. For instance, Father Hubert Schiffer, a German Jesuit, lived for another thirty eight years and passed away in 1982.

Pope John Paul II was a great supporter of the Rosary. In 2002 he instituted five new Luminous Mysteries in the Apostolic Letter "Rosarium Virginis Mariae." The Pope wrote: "The Rosary is my favourite prayer. A marvelous prayer! Marvellous in its simplicity and its depth. It can be said that the Rosary is, in some sense, a prayer-commentary on the final chapter of the Vatican II Constitution Lumen Gentium, a chapter which

discusses the wondrous presence of the Mother of God in the mystery of Christ and the Church. Against the background of the words Ave Maria the principal events of the life of Iesus Christ pass before the eyes of the soul. They take shape in the complete series of the joyful, sorrowful and glorious mysteries, and they put us in living communion with Jesus through - we might say – the heart of his Mother. At the same time our heart can embrace in the decades of the Rosary all the events that make up the lives of individuals, families, nations, the Church, and all mankind. Our personal concerns and those of our neighbour, especially those who are closest to us, who are dearest to us. Thus the simple prayer of the Rosary marks the rhythm of human life".

According to Pope John Paul

II world peace was subordinated
from the Rosary. That was why
he encouraged all people to say
that "simple but profound prayer". In
a General Audience on the anniversary of his being chosen, he said: "I
wish once again to entrust the great
cause of peace to the praying of the
Rosary. We are facing an international situation that is full of tensions, at
times threatening to explode. In some

parts of the world, where the confrontation is harsher, we can realise that, even though they are necessary, political efforts are worth little if one remains exacerbated in his mind and no one cares to demonstrate a new disposition of heart in the hope of reviving the struggle and effort of dialogue. Who but God alone can infuse such sentiments? It is more necessary than ever that from every part of the earth prayer for peace be



■ Pope Pius V before the Battle of Lepanto by Lazzaro Baldi, 1673

made to Him. In this perspective, the Rosary turns out to be the form of prayer most needed. It builds peace because, while it appeals to the grace of God, it sows in the one praying it the seed of good from which we can expect the fruit of justice and solidarity for personal and community

DO YOU KNOW...?

life. I am thinking of nations and also of families. How much peace would flow into family relationships if the family would begin again to pray the Rosary."

At the end it seems worthy to mention a legend which states that the Virgin Mary made fifteen promises to those who pray the Rosary. A pamphlet containing those promises got an imprimatur by Cardinal Patrick Joseph Hayes, Archbishop of New York between 1919-1938.

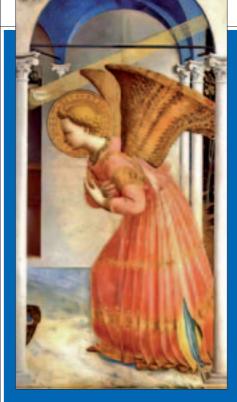
The fifteen promises made by the Mother of God:

- 1. Whoever shall faithfully serve me by the recitation of the Rosary, shall receive signal graces.
- 2. I promise my special protection and the greatest graces to all those who shall recite the Rosary.
- The Rosary shall be a powerful armour against hell, it will destroy vice, decrease sin, and defeat heresies.
- 4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the heart of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.
- 5. The soul which recommends itself to me by the recitation of the Rosary shall not perish.
- 6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its sacred mysteries, shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall

- remain in the grace of God, and become worthy of eternal life.
- Whoever shall have a true devotion for the Rosary shall not die without the sacraments of the Church.
- 8. Those who are faithful to recite the Rosary shall have, during their life and at their death, the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
- 9. I shall deliver from purgatory those who have been devoted to the Rosary.
- 10. The faithful children of the Rosary shall merit a high degree of glory in heaven.
- 11. You shall obtain all you ask of me by the recitation of the Rosary.
- 12. All those who propagate the Holy Rosary shall be aided by me in their necessities.
- 13. I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
- 14. All who recite the Rosary are my sons, and brothers of my only Son Jesus Christ.
- 15. Devotion of my Rosary is a great sign of predestination.

These promises mean that, by faithfully and devoutly praying the Rosary, Our Lady will obtain for us the necessary graces to receive the said promises. It is still up to each individual soul to respond to those Graces in order to obtain salvation

Agata Pawlowska CSMA office Poland



The Angelus

- V. The Angel of the Lord declared unto Mary,
- R. And she conceived of the Holy Spirit. *Hail Mary,* ...
- V. Behold the handmaid of the Lord.
- R. Be it done unto me according to Your Word.

 Hail Mary, ...
- V. And the Word was made flesh,
- R. And dwelt among us. *Hail Mary,* ...
- V. Pray for us, O holy Mother of God.
- R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech You, O Lord, Your Grace into our hearts; that as we have known the incarnation of Christ, Your Son by the message of an angel, so by His passion and cross we may be brought to the glory of His Resurrection. Through the same Christ, our Lord. Amen.

Interdependence of diverse creatures



THE YEAR OF FAITH, 11th October 2012 – 24th November 2013

337. God Himself created the visible world in all its richness, diversity and order. Scripture presents the work of the Creator symbolically as a succession of six days of divine "work", concluded by the "rest" of the seventh day. On the subject of creation, the sacred text teaches the truths revealed by God for our salvation, permitting us to "recognise the inner nature, the value and the ordering of the whole of creation to the praise of God."

338. Nothing exists that does not owe its existence to God the Creator. The world began when God's word drew it out of nothingness; all existent beings, all of nature, and all human history are rooted in this primordial event, the very genesis by which the world was constituted and time begun.

339. Each creature possesses its own particular goodness and perfection. For each one of the works of the "six days" it is said: "and God saw that it was good." "By the very nature of creation, material being is endowed with its own stability, truth and excellence, its own order and laws." Each of the various creatures, willed in its own being, reflects in its own way a ray of God's infinite wisdom and goodness. Man must therefore respect the particular goodness of every creature, to avoid any disordered use of things



which would be in contempt of the Creator and would bring disastrous consequences for human beings and their environment.

340. God wills the interdependence of creatures. The sun and the moon, the cedar and the little flower, the eagle and the sparrow: the spectacle of their countless diversities and inequalities tells us that no creature is self-sufficient. Creatures exist only in dependence on each other, to complete each other, in the service of each other.

341. The beauty of the universe: the order and harmony of the created world results from the diversity of beings and from the relationships

which exist among them. Man discovers them progressively as the laws of nature. They call forth the admiration of scholars. The beauty of creation reflects the infinite beauty of the Creator and ought to inspire the respect and submission of man's intellect and will.

342. The hierarchy of creatures is expressed by the order of the "six days", from the less perfect to the more perfect. God loves all His creatures and takes care of each one, even the sparrow. Nevertheless, Jesus said: "You are of more value than many sparrows", or again: "of how much more value is a man than a sheep!"

Taken from the Catechism of the Catholic Church

With Jesus in the bush

Father Bogdan Swierczewski CSMA is a walking encyclopaedia of knowledge about the people of Papua New Guinea, their customs, beliefs and everyday lives. This is not surprising, given that he has lived among them for 22 years.

Were you not afraid of the realities of life you would encounter on your first visit to New Guinea?

Fortunately I knew that other missionaries were already there and there were therefore others to welcome me. I did obviously have some worries about how I would be accepted by the indigenous people. The realities of life were diametrically different to those of Europe. New Guinea is a clanbased society. There is a lot of mistrust even between the different clans and tribes, let alone between Guineans and Europeans. Newcomers are always being tested and checked-out in some way, to see if they are trustworthy. On the other hand, the majority of Guineans are baptised Christians. They already recognise and value what we, as missionaries, bring to them.

All right then, but how do you talk to them? What are the people of Papua New Guinea like? I ask, because some missionaries, even those with long experience of work among them, find them hard to describe and seem to hold very differing opinions about them.

That is true. I have been working in Papua New Guinea for over 20 years now and I am constantly encountering new situations. I am constantly being faced with completely unexpected situations which people bring to me.

What else can I say about the Guineans? They are incredibly stubborn. If they want to convince you of something, they will try to do this by every possible means until they achieve their goal. You can certainly admire their ingenuity. Apart from that they also have a love for giving speeches and for airing their views in public.

What about their spiritual lives? What do they believe in? I have heard some express the view that the people of New Guinea inhabit a 'world of spirits'.

Yes, I think that you really can put it that way. In that sense, Christian missionaries had things made easy for them, as the people of New Guinea already had their own belief system, they believed in the existence of a spiritual reality... Teachings about God are therefore not something entirely new. Paradoxically, their earlier beliefs made it easier for the Christian faith to take root.

To what extent is the faith formally professed by the majority of Guineans reflected in their attitudes? There is, after all, the problem of the huge number



Fr Bogdan with his parishioners

of criminal offences that are committed and the increase in drug addiction.

It is true that these problems are increasing. But these are also partly a result of the arrival of civilisation to the Guineans. However, we have to acknowledge that when conflicts do occur, for instance between different tribes, Christian values are often pushed to one side.

There was a certain situation which I recall from the early years of my stay in Papua New Guinea, in 1991. I was still being introduced to the work here, and was working under the supervision of another missionary, Fr Janusz Bieniek, who had, on that particular day, left to go on holiday. It was just before Christmas, at a time which you would assume to be of particular significance to Christians. It was, however, a time when a clan war broke out in the territory covered by my parish. I was unable to come to terms with this, particularly because many Catholics were involved in the war. I came to a decision that I must, at all costs, put a stop to the bloodshed. I put on my habit, took a Cross and a Bible into my hands, and, praying, hastened to the battlefield. The locals made no reaction to this, apart from giving indulgent smiles. Shots continued to rain down over my head, so I then went to the village leaders,



in order to try to resolve the situation and to pacify them. They however, without evidencing particular concern, said that they must fight in order to resolve the subject of contention, after which they would come to church.

Did you not have moments of doubt at such times? Some priests describe pastoral work in Papua New Guinea as work in which you make very slow progress, by tiny steps. Have you noticed changes for the better during your 22 years there? Or is this the kind of progress that is perceptible only over a period of several generations?

We should not approach this with a negative attitude. The work of spreading the Gospel is nothing if not work in the face of adversity. The fact that changes occur slowly, almost imperceptibly, does not mean that we should give up. We continue to have a great need for priests and missionaries, so that even the local bishops appeal for more to come. This is a sign of a spiritual need.

Does faith not alter local customs for the better?

It is not like that. Guineans need to mature in order to perceive godly values in themselves as well as in those around them. There must be people who will serve as role-models, such as Blessed Peter To Rot, who was martyred by the Japanese. This is one of the best examples of how Guineans can change, of how they can live their faith. They look for living examples, particularly from among their own people.

But how should a white priest become a better example and authority figure to local people than their village leader whom they have known for many years? Some priests write quite openly about this kind of rivalry occurring between the two.

That is why we attempt to start by speaking with local leaders. The ideal situation is when a local leader also becomes a religious leader. A priest then automatically acquires authority, becoming a second leader.

The church as an institution already acquired a certain degree of respect in the 19th century, in contrast to the island's previous rulers who showed little concern for providing education or healthcare for indigenous people. The missionaries filled this gap.

A basic part of missionary activity was and still is to bring not only spiritual development but also civilisation. Possibly this stress upon civilisation was at times too great... It means that the Guineans continue to have certain expectations of us while we must tell them that they need to turn to government in such matters. We teach them that they should also take responsibility for building their own country's prosperity. The so-called 'cargo cult', based on the desire to acquire material goods, resulted, among other things, from a kind of thinking among the people that just concentrates on claims and rights. As missionaries we should be concentrating on spiritual matters above all else.

The number of sects and churches which have grown up in Papua New Guinea seem to point to a desire, however, for something beyond the acquisition of material goods. They are also 'hungry' for spiritual food. We even have a battle for souls. The example of the antagonism between Adventists and the Catholic Church was particularly prominent in this regard.

Yes, although the majority of sects and churches which appear are not concerned with the spirit. On the contrary, they concentrate on the material gains they can acquire from their followers.

As far as 'competition' is concerned, I certainly notice the strong influence that the Protestant churches have on young people. This is visible in the liturgy, in music and song. I do not negate its value, but we attempt to stress the importance which the Eucharist should have for the Christian. That is what differentiates us from Protestants. I would not, however, call it rivalry.

It seems to be a characteristic of Guineans to want to start new churches whenever there is something with which they are not happy in their own home church. Some leave the Catholic Church because it forbids polygamy, which is still common in Papua New Guinea. This is then why there are five different churches within a distance of 3 kilometres in my own village.

It is also said, however, that it is sometimes more difficult to reach a village than to reach the hearts of its inhabitants.

That is true. Many villages lie far from roads, some can be reached only by walking for eight hours through the bush. Civilisation has still not reached very many Guineans, but Jesus has reached them and that is what is most important.

Interviewed by **Karol Wojteczek**CSMA Office Marki, Poland

Who will look after my six children?

In the early hours of a beautiful morning, on 16th February 2010 at 9 o'clock, the tropical sun was warm and bright. I did not feel the knife being stabbed into my body. No pain. No sign at all. When I stood up to walk away, my whole body felt weightless, seemed to float. The Holy Spirit told me that something was wrong!

here, I stopped and prayed: "My Lord, something is wrong with me but I do not know what. Forgive those who did it for they do not know what they are doing. Lord, if You will take my life now, take me to Your Kingdom, otherwise do not take my life for I have not completed my responsibility as a mother. You gave me six nice little children – two boys and four girls. These are six future nations which I must look after. I am on my own with my children, if I die, who will look after them?"

After fifteen minutes, I fell down. Nobody was there at my side but my guardian angel was with me. He helped me to forgive them first. Then we started to recite the Chaplet of Mercy, Our Lord's Prayer, the Our Father and the Rosary.

At that moment with the help of my Lord, a bus fully occupied with passengers drove past. There happened to be two nurses also travelling with them. They somehow caught sight of me lying on the side of the road and told the driver to stop. The passengers were kind enough to squeeze up and made a little space to lie me down on a seat.

Thankfully, I was not unconscious. My body was weak but my mind was fresh and alert. I started to recite prayers again, this time louder, declaring Jesus the Man full of Divine Mercy. The Chaplet of Mercy completed the rest of the journey of about forty miles.

At the entrance to the hospital gate, I started to feel dizzy, then unconscious. None of my relatives were there to help me but my good guardian angel was there working at his best pace, collecting good hands such as security, nurses and other strangers to take me.

Though the outpatient fees were not paid, I was taken straight to the theatre for an emergency operation. The good Lord was at work! Special attention and treatment was given to me, I was wrapped in clean white bed sheets and

laid on an ICU bed. On the third day my memory returned. My first question to the Lord was: "You always protect me from dangers, but where were you when I was stabbed in the back while I was not watching?" The Lord whispered in answer: "Theresa, on sunny days I always walk side by side with you; sometimes I take the lead but other times I let you take the lead and I follow. When you fell down unconscious, I took you up in my arms. I was there at the gate when they brought you in. I was there with the doctor when you went through the major operation. I have been here at your bedside day and night watching



■The author with her children

over you when you were laying on the bed like a dead person. I have sent angels home to look after your little children that you are so concerned of. Do not worry, you woke up to a beautiful morning full of promises. Forget the past, do dream about the future. Just open your eyes and see who is there watching over you. They have been anxiously waiting for days just for you to wake up."

Slowly, they sat me up, supported by a pillow. Looking across the main door, there stood the surgeon Dr Jim Radd, an American. He looked surprised and said: "Praise God, Theresa is alive." These words shocked me. I asked him: "What happened?" The surgeon slowly told me: "You were stabbed from the back into the abdomen, the right kidney, severely damaged, was split, you had a major operation from the front. Your split kidney had been removed. Now you are living with one kidney." He went on to assure me: "Do not worry, you will live a normal life. There is only one person who can help you. It is Jesus Christ." He asked me: "Are you a Christian?"

I told him: "Yes, I am born Catholic." I showed him an image of Jesus with the signature "Jesus I trust in You." The image was positioned on the shelf above my bed. The Chaplet of Mercy was always recited by my sick bed.

Days passed, after one month I was discharged from the hospital. My body was still very weak. After a few days, I was unconscious again and re-admitted to the hospital. That was during Holy Week. On Good Friday, while on the sick bed, I saw coming through the main door towards my bed a young priest fully dressed in the communion minister's red uniform. I told the people with me to move aside so that I could receive Holy Communion. As soon as I sat to receive, the priest disappeared. The people thought that I was telling nonsenses but the time was 3 o'clock.



Raising Jairus Daughter by George Jacomb Hood, 1885

I knew for sure that it was a vision of Jesus offering Himself to me through the Holy Eucharist.

After the vision, the doctor told me to rest at home. My children, with sad eyes watching a very weak and thin mummy, were brought down from the vehicle. Tears in their eyes, they ran and covered me with their little hands and faces. Upon seeing my little darlings, though I was weak, our spirits reunited. Heaps of unexpected strength filled me. I was slowly recovering. It was so painful to face each day. So weak was my body, watching six growing children at the bedside with daily needs.

Anyhow, praise the Loving God. When we prayed for help, God answered. With peace in heart, we kept constant with our prayers. The next day was a new page to my life. Like a promise to a dear friend, I waited for the Lord to move. I could not believe when prayers and gifts started to flow in. I specially would like to thank the Divine Mercy team from the centre at Rukus led by Tony, Francis and Sylvia for their prayers and gifts, the Catholic Women's Association group led by Maria Benedette, Anna Pee and Christina, not forgetting my faithful prayer attendants from Pugmi, St Faustina prayer house, especially Mama Fransica, Rosa and Clara.

One day I was in bed resting, looking on I saw Fr Bogdan CSMA, our parish priest from Poland, was listening and looking at me. Like a child, I was speaking without understanding my own words. He seemed to absorb word by word but I did not expect him to remember everything because speaking out brings release and when a friend sits near and listens to you when you speak, it makes you feel loved and cared for. Like a father, he feeds, clothes and cares a lot.

With him was the deacon Peter, later ordained as Fr Peter. The first national CSMA priest assigned assistant priest to Kuli Parish with ten outstations. Like father and son move swiftly like silent angels from one outstation to another trying to reach every broken home and hungry soul. Spending every single minute of their entire vocational life to help people like myself and others.

Fr Bogdan, words cannot express who you are and what you do in full. But all I can say is: a priest full of wisdom, energy and inspiration. Thank you so much for remembering us in your busy everyday life. With love, Theresa, Natasha, Natalice, Nashila, Jeremiah, Nadora and Danial. God bless you.

W.H.P. Kuli Parish, Pugmi, Papua New Guinea

Spiritual works of mercy

Works of mercy or acts of mercy are actions practised by Christians to satisfy the material and spiritual needs of others. These works are virtual expressions of God's love that we have experienced. They are divided into two categories with seven aspects each.

orporal works of mercy are: to feed the hungry, to give drink to the thirsty, to clothe the naked, to give shelter to the homeless, to visit the sick, to visit the imprisoned, to bury the dead.

They may be practiced by everyone, even by non-believers. However, Christians are also obliged to do spiritual works of mercy. The very first three ones require tact and knowledge whereas the next four ones may be done unconditionally.

To warn sinners

Jesus says in the Gospel: "If your brother does something wrong, go and have it out with him alone, between your two selves. If he listens to you, you have won back your brother. If he does not listen, take one or two others along with you: whatever the misdemeanor, the evidence of two or three witnesses is required to sustain the charge. But if he refuses to listen to these, report it to the community; and if he refuses to listen to the community, treat him like a gentile or a tax collector" (Matthew 18, 15:17).

We shall warn our brothers every time we see they follow the way of sin; for each sin weakens the community and hurts other brothers and sisters in



■ The Seven Works of Mercy by Master of Alkmaar, 1504

faith. By warning we care for a person. Jesus mentions that the warning shall be made three times only: 1) face to face, 2) in the presence of a witness, and 3) in the presence of a representative of the church authorities. We shall also remember that warning is an important means of bringing children up: parents and teachers use it almost every day. We are obliged to warn even a 70-year-old if he needs it. The words "treat him like a gentile or a tax collector" means that we shall keep a distance from a person who does not want to correct their behaviour. If we treat that person normally, they may think that they have done nothing wrong. If we want to be effective in warning we shall do it with love and respect towards others.

To instruct the ignorant

It cannot be done unless one wants to learn. Are we ready to learn each minute during our lifetime? Are we ready to learn new abilities, how to suffer, get old and die? What is the difference between knowledge and prudence? The first one focuses on the amount of news whereas the second one focuses on the number of abilities. You can know hundreds of recipes and cannot cook a meal. You cannot be a good cook without practice. Gaining prudence means gaining new abilities. We shall be grateful and thank God for all the people who helped us improve our abilities: parents, teachers, friends, etc.

To counsel the doubtful

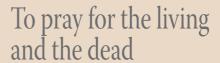
The doubtful lack the certainty of their conscience and therefore they need a piece of good advice. They are sometimes harassed with their doubts, scruples, worries and fears to such an extent that they suffer from insomnia. A friend and good advice can work miracles. What calms down the doubtful? A friend who reminds them that God

that they become one. Then all injustice would seem easier to bear.

To forgive offences willingly

The one who experienced the Divine Mercy knows how much happiness the forgiveness brings. Let us learn from Jesus and repeat after Him: "Lord, forgive my brother because he does not know what he is doing. I trust he will

that they are not alone, they open up themselves and start talking about their sufferings, fears and helplessness. To comfort means to fill one's heart with hope. In Christianity it is God who comforts the afflicted – us. Jesus voluntarily accepted the Cross and changed it into a victory. He showed us that even death can be altered in victory. Suffering with God may bring us peace and joy. To comfort the afflicted means to bring them the Good News.



When we pray we meet God and His Son Jesus Christ; prayer is our personal contact with a loving Father. It becomes a work of mercy when we intercede for our brothers and sisters: we talk to God about our beloved's earthly and eternal happiness; and we can ask about many graces for them. We can pray for others in any place and at any time: in a car, in a train, on our way to work. We can pray for everybody we meet in a given day; they usually do not realise this but God gives them the necessary graces. We shall pray for all people whose work is useful to us: for bakers (because we have got bread), for farmers (because we have got vegetables and fruit), for plumbers (because we have got water in our houses), etc. We shall also pray for the deceased. They are in purgatory and cannot pray for themselves. Our prayers shorten their passion. Prayers for the dying are a particularly good work of mercy because it can save them from hell. St Faustina writes about such a prayer many times in her Diary.

> Taken from the book "Secrets of St Faustina" by **Fr Edward Staniek** CSMA



nurtures over us each minute. We may rely on Him because He never fails in faithfulness and love. God wishes us to be happy; if we trust Him and want to fulfill His will, we will never be interested in any other options. The doubts will disappear, we will be sure that we have chosen a right way.

To bear wrongs patiently

It is a very difficult ability to gain. We delude ourselves if we think that we live in a world of justice. If the world does not fulfill our expectations we start complaining and criticizing everything and everybody around us. We need courage and patience to bear wrongs. What helps is to unite our will with Jesus' will so

change his behaviour." We become similar to God if we are ready to forgive our offenders but we also shall remember that even if we forgive someone in heart, we have to show it to him only in case of his repentance. We shall not pretend that nothing has happened when people hurt us. Such work of mercy is rather common in families and in neighbourhoods where people hurt themselves often unintentionally. Jesus teaches us that we shall forgive 77 times, which means nothing else other than ALWAYS.

To comfort the afflicted

To comfort the afflicted means to give them our arm that they could rest on when in hardships. They find out

Exercising mercy

"My daughter, if I demand through you that people revere My mercy, you should be the first to distinguish yourself by this confidence in My mercy. I demand from you deeds of mercy, which are to arise out of love for Me. You are to show mercy to your neighbours always and everywhere. You must not shrink from this or try to excuse or absolve yourself from it.

I am giving you three ways of exercising mercy toward your neighbour: the first - by deed, the second - by word, the third - by prayer. In these three degrees is contained the fullness of mercy, and it is an unquestionable proof of love for Me. By this means a soul glorifies and pays reverence to My mercy. Yes, the first Sunday after Easter is the Feast of Mercy, but there must also be acts of mercy, and I demand the worship of My mercy through the solemn celebration of the Feast and through the veneration of the image which is painted. By means of this image I shall grant many graces to souls. It is to be a reminder of the demands of My mercy, because even the strongest faith is of no avail without works." (Diary, 742)

The three aspects

"The Lord gave me knowledge of His will under three aspects, so to speak, but it all comes down to one.

The first is that souls separated from the world will burn as an offering

before God's throne and beg for mercy for the whole world... and by their entreaties they will obtain blessings

for priests and through their prayers prepare the world for the final coming of Jesus.

The second is prayer joined to the act of mercy. In particular, they will defend the souls of children against the spirit of evil. Prayer and merciful deeds are all that will be required of these souls and even the poorest persons can be admitted to their number. And in this egoistic world they will try to rouse up love, the mercy of Jesus.

The third is prayer and deeds of mercy, without any obligation of taking vows. But by doing this, these persons will have a share in all the merits and privileges of the whole [congregation]. Everyone in the world can belong to this group.

At least one act of mercy a day

A member of this group ought to perform at least one act of mercy a day; at least one, but there can be many more, for such deeds can easily be carried out by anyone, even the very poorest. For there are three ways of performing an act of mercy: the merciful word, by forgiving and by comforting; secondly, if you can



offer no word, then pray - that too is mercy; and thirdly, deeds of mercy. And when the Last Day comes, we shall be judged from this, and on this basis we shall receive the eternal verdict." (Diary 1155-1158)

"October 1, 1937. Daughter, I need sacrifice lovingly accomplished, because that alone has meaning for Me. Enormous indeed are the debts of the world which are due to Me; pure souls can pay them by their sacrifice, exercising mercy in spirit.

I understand Your words, Lord, and the magnitude of the mercy that ought to shine in my soul. Jesus: I know, My daughter, that you understand it and that you do everything within your power. But write this for the many souls who are often worried because they do not have the material means with which to carry out an act of mercy. Yet spiritual mercy, which requires neither permissions nor storehouses, is much more meritorious and is within the grasp of every soul. If a soul does not exercise mercy somehow or other, it will not obtain My mercy on the day of judgment. Oh, if only souls knew how to gather eternal treasure for themselves, they would not be judged, for they would forestall My judgment with their mercy." (Diary, 1316-7)

My sibling St Faustina

Recollections of Stanislaw Kowalski, the brother of St Faustina

rom her very earliest years, our sister Helenka loved to tell us stories of saints, pilgrimages, of hermits, who lived only on roots and forest honey. I think that these originated from her own imagination rather than from books. She would also tell us that, when she grew up, she would enter a convent. As children, we laughed at this.

When she was still only a little girl, she organised a lottery for the poor. Our older siblings laughed at this, as our profits could only be counted in pennies, but this did not put her off.

She took great care that all of us fulfil our obligation to attend Sunday Mass, which was why she would get up very early and go out through the window, so as not to wake our parents by opening the door, in order to let our cattle out to pasture at the crack of dawn. Father was very surprised at this, but did not forbid it.

Although father was very strict, he never got angry at her, except for one occasion when she returned late from a dance with our elder sister. When she was told off very severely, she said that she would never in her life bring father any grief, but would instead bring him consolation.

By the time she grew up, she was no longer interested in dances. Father liked her best, as she was the most obedient of all of us, and we did not begrudge the fact that she had his heart, as we felt that this was only fair, while she explained to us, that, if we were equally obedient, we would have the same share of our fathers' love.

After she entered the convent, it was as if the whole house went into

mourning, as she had an oddly attractive quality about her and was loved by everybody. Sister Faustina loved me best from among my siblings. When, as a nun, she came home when mother was seriously ill, she spoke the most with me and I also walked to church with her when she attended daily Mass.

During the whole of her stay, she had a room to herself, which none of us would enter, but I, as a 16-year-old boy, would look in through the window from outdoors, in the evening, and watched as she put some kind of chains on her feet.

I worked for two years as a joiner, for a company in Krakow, and then visited Sister Faustina in the convent. She directed and encouraged me to enter religious life, and all the arrangements had been made, but father forbade it and that was that.

When I visited her in the convent in Jozefow in 1937, she told me that here would be a terrible war, but did not give a precise date, saying "I will not live to see this, but you will witness it. It will be a religious war, religious congregations will be persecuted, priests will go into hiding!" I did not inquire further, as it did not seem to touch me or seem important.

We also had a whole pile of letters, which we burnt, for fear of what I am not sure. Today, I regret this very much, as they were very beautiful. She always wrote about the goodness of God and encouraged us to greater trust.

Stanislaw Kowalski

Swinice, Poland, Aug 1953 Taken from "Oredzie Milosierdzia"

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Divine Mercy saved my husband's soul

My spouse died on the 25th August 2012 after a short illness. He was diagnosed with cancer in January and was told that there was no treatment available for his type of cancer and there was nothing they could do to help him, only palliative care. We were both stunned at the diagnosis and felt very isolated and frightened.

knew that there was only one person we could turn to but this frightened my husband even further as it was sure confirmation that he was dying and would not even discuss it. It was at this point that I felt my husband's spiritual welfare was more important than his physical needs and decided that I would have to do the praying for him and ask our Blessed Lord for his help.

I went to Holy Mass on the Sunday morning and the priest announced that there were to be devotions to the Divine Mercy that afternoon at a neighbouring parish so decided I would attend. I did not know much about this devotion

but went all the same. Whilst there, the opportunity arose to go to confession. I thought about this very seriously and decided if I was to ask Our Blessed Lord for His help I would have to make a full and sincere confession, which I did. I immediately felt totally cleansed and peaceful.

Whilst driving home I resolved that I would try and find out more about the devotions to the Divine Mercy. I told my sister about going to the devotion and going to confession and she sent me some literature concerning the devotion. I immediately started to say the Chaplet of Mercy.

My husband still had difficulty with prayer so I decided to visualise my prayer and imagined the Divine Mercy sending down His love and mercy through the rays coming from His heart to my husband's heart. I also imagined our Blessed Mother holding our Blessed Lord in Her arms after the crucifixion and would ask Her to hold my husband in Her arms.

As my husband's illness progressed I would sit with him and quietly recite the Chaplet of Divine Mercy and the Angelus continually together with "Jesus I trust in you."

On the morning my husband died he told me he was dying and asked me to pray for him. I recited the Chaplet and as he was breathing his last breath I also recited the little prayer "Jesus, Mary and Joseph I give you my heart and my soul, Jesus Mary and Joseph assist me in my last agony, Jesus, Mary and Joseph may I breath forth my soul in peace with you. Amen" and "Come, Lord Jesus, come."

Our Blessed Lord came as a Merciful Saviour and my husband died so peacefully despite all the months of mental anguish that he suffered.

Although I miss him I also feel pure joy and peace.

Jesus I trust in You.



Denise McLoughlin, UK



Brief introduction to the Nine Choirs of Angels

1. Seraphim

The Seraphim is said to be the highest order of angels who guard God's throne. They are often depicted as 'burning angels' to represent them on fire with love for God. In the Bible Isaiah saw them as six winged beings. These heavenly creatures praise God.

2. Cherubim

The word Cherubim is said to mean 'fullness of knowledge'. The Cherubim have the honour of observing and keeping the records of God's creative powers. Cherubims are said to have four wings and four faces. The Cherubims also act as heavenly counselors and are the seekers of the eternal truth.

3. Thrones

Throne Angels represent the divine majesty and are associated with the power of judgement. They carry out God's justice according to spiritual and universal laws. The Thrones also act as angels who are friends of all the planets. It is the Thrones who will drive forward God's chariot, often they are portrayed as angels who carry the scales of justice.

4. Dominions

The Dominions are angels of leadership and are said to ensure that God's will is carried out by other angels. They help balance the force of creation and of the material and spiritual worlds. The Dominions represent the superiority of wisdom over intellect and govern the natural world and the elements.

5. Virtues

Virtues are known as angels who watch over the heavenly bodies and nature. The Virtues are often associated with miracles performed on earth. Shining bright and often depicted with swords, shields or sceptres, these wonderful angels will assist you in your darkest hour.

6. Powers

Powers are warrior angels who maintain order around planet earth and protect it from being overthrown by Satan, defending the cosmos and human souls. They fight against evil spirits who attempt to wreak chaos through human beings.

7. Principalities

The Principalities are a realm of angels who keep a watchful eye of the nations

of planet earth and its leaders. They are protectors of religion, giving strength in times of hardship.

8. Archangels

The Archangels are the most frequently mentioned throughout the Bible. They are the leaders of the angelic armies and are Holy messengers of God. There are only three archangels acknowledged by the Catholic Faith, Michael, Gabriel and Raphael. They also command God's armies and act as guardian angels to leaders of world movements. They may be of this or other hierarchies like St Michael the Archangel.

9. Angels

These include guardian angels who are assigned by God to every human being at the moment of conception. Angels are closest to the material world and human beings. They deliver our prayers to God and return with God's answers. Guardian angels have the capacity to access all other angels at any time, their role is to watch over us during our lives. They are also the most caring and social of beings who assist those who ask for help.

Noreen Bavister, UK

Interested in becoming a devotional Knight of St Michael?

- Monthly Eucharistic Adoration
- Monthly Reconciliation
- Daily Bible reading
- Fast each Friday on bread and water (or a good deed if fast is impossible)
- Pray the chaplet to St Michael
- Daily exorcism prayer to St Michael
- Once a year pray the nine day novena to St Michael before the feast day on 29th September (20th-28th September)



■ St Michael defeats the Devil by Eugene Delacroix, 1854-61

evotional Knights are people of quiet prayer. The Devotional Knights of St Michael the Archangel is a movement overseen by the General Animator of the Congregation of St Michael the Archangel.

The main task of the Knights is to proclaim the victory of Jesus Christ over Satan. The Knights are sent on a mission to expiate God for the sins of humankind and to obtain the conversion of sinners. They aim to achieve this by reciting the prayer of St Michael the Archangel to defend us in the day of

battle (see back of magazine). This simple prayer of exorcism is said each day to keep away evil spirits from oneself, the Church, the whole world and particularly from those that are tempted and possessed by Satan. It is referred to in the set of rules (Statutes) as the prayer of simple exorcism. Attend monthly Eucharistic Adoration and Reconciliation. Daily Bible reading. Fast each Friday on bread and water (or a good deed if fasting is impossible).

Once a year pray the nine day novena to St Michael before the feast day on 29th September.

After a period of a three month trial to become a devotional Knight of St Michael a letter will be sent after consideration confirming acceptance of the suitable candidate.

For further information on the Devotional Knight of St Michael please contact me personally by letter or email **redakcja.kjb@gmail.com**

Father **Piotr Prusakiewicz** CSMA General Animator of the Knighthood Congregation of St Michael the Archangel, ul. Pilsudskiego 250 05-261 Marki, Warsaw, Poland

Litany to St Michael

Lord, have mercy on us, (Christ have mercy on us).

Lord, have mercy on us, Christ, hear us, (Christ graciously hear us).

God, the Father of heaven, (have mercy on us).

God the Son, Redeemer of the world, (have mercy on us).

God the Holy Spirit, (have mercy on us).

Holy Trinity, one God, (have mercy on us).

Holy Mary, Queen of Angels, (pray for us – repeat after each invocation)

St Michael, pray for us,

St Michael, filled with the wisdom of God,

St Michael, perfect adorer of the Incarnate Word,

St Michael, crowned with honour and glory,

St Michael, most powerful Prince of the armies of the Lord,

St Michael, standard-bearer of the Most Holy Trinity,

St Michael, victor over Satan,

St Michael, guardian of Paradise,

St Michael, guide and comforter of the people of Israel,

St Michael, splendour and fortress of the Church Militant,

St Michael, honour and joy of the Church Triumphant,

St Michael, light of angels,

St Michael, bulwark of orthodox believers,

St Michael, strength of those who fight under the standard of the Cross,

St Michael, light and confidence of souls at the hour of death,

St Michael, our most sure aid.

St Michael, our help in all adversities,

St Michael, Herald of the Everlasting Sentence,

St Michael, Consoler of souls detained in the flames of Purgatory,

Thou whom the Lord has charged to receive souls after death,

St Michael, our Prince,

St Michael, our Advocate,

Lamb of God, who takes away the sins of the world, (spare us, O Lord).

Lamb of God, who takes away the sins of the world,

(graciously hear us O Lord).

Lamb of God, who takes away the sins of the world, (have mercy on us).

Christ hear us, (Christ, graciously hear us).

Pray for us, O glorious St Michael,

Prince of the Church of Jesus Christ,

(That we may be made worthy of His promises).

Sanctify us, we beseech Thee, O Lord, with Thy holy blessing, and grant us, by the intercession of St Michael, that wisdom which teaches us to lay up treasures in Heaven by exchanging the goods of this world for those of eternity, Thou Who lives and reigns, world without end. Amen.





Blazons of male (yellow-red) and female (yellow-blue) branches of the Congregation of St Michael the Archangel

Prayer to all the angels and saints before Holy Mass

Angels, Archangels, Thrones, Dominations, Principalities, Powers, celestial Virtues, Cherubim and Seraphim; all Saints of God, holy men and women, and You especially, my patrons: deign to plead for me that I may have grace to offer worthily this sacrifice to almighty God, to the praise and glory of His Name, for my own welfare also and that of all His holy Church. Amen.

PILGRIMAGE

1st – 8th September 2014

English speaking Divine Mercy Pilgrimage to Poland

Lead by

Father **Peter Prusakiewicz** CSMA

The Divine Mercy Shrine, Veneration of the relic of blessed at the new shrine of John Paul II in Cracow. Trips to the shrines at Black Madonna in Czestochowa, Our Lady in Kalwaria Zebrzydowska, Wadowice (Pope's birthplace), visiting Auschwitz and the salt mine in Wieliczka with professional guides. First Saturday candle lit Fatima procession at the Shrine of St Michael in Miejsce Piastowe.

Price £495

Further information:
Noreen Bavister
PO Box 4332 Harlington,
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Phone: +44 7795 318605
+44 1525 873918
Email: holyangels@gmail.com

Novena to St Michael the Archangel

The feast of St Michael the Archangel is on the 29th September. May we prepare for that event with nine-day novena to the Prince of Heavenly Hosts. Do not hesitate: ask him for blessings for you and your family.

First day

Most glorious archangel, St Michael, who full of faith, humility, gratitude and love, far from adhering to the suggestions of the rebellious Lucifer or of being intimidated by the sight of his numerous followers, rose at once against him, and animating the remainder of the heavenly court to defend the cause of God, gained a complete victory over him. Obtain for me, I beg of you, the grace to discover all the snares, and resist all the attacks of these angels of darkness, so that triumphing after your example over them, I may merit to shine one day on that seat of glory from which they were precipitated never to rise again. Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

Second day

Most glorious archangel, St Michael, who, appointed by God the guardian of all the Hebrew people as His instrument, consoled them in their afflictions, enlightened them in their doubts,

provided for all their wants, even so far as to divide the seas, to rain down manna from the clouds, and to draw water from the rocks, I implore of you to enlighten, console, defend, and assist my soul in all its necessities, that overcoming all the obstacles which are met at every step in the perilous desert of this world, I may arrive safely in that kingdom of peace and delight, of which the land promised to Abraham was but a shadow.

Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

Third day

Most glorious archangel, St Michael, who, constituted the head and defender of the Catholic Church, rendered her always triumphant over the blindness of the Gentiles by the preaching of the Apostles; the cruelty of tyrants, by the firmness of her martyrs; the malice of heretics, by the wisdom of her doctors; the evil customs of the world, by the purity of her virgins, the sanctity of her Pontificate



■ The Chapel of Reconciliation in the Shrine of St Michael the Archangel, Gargano, Italy

and the penitence of her confessors; defend her continually from the assaults of her enemies, deliver her from the scandal of her unworthy sons, so that showing herself always peaceful and glorious, we shall continue to hold most firmly our belief in her dogmas, and persevere until death in the observance of her precepts.

Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

Fourth day

Most glorious archangel, St Michael, who stands beside our altars to bear to the throne of the Eternal Majesty our prayers and our sacrifices, assist me, I implore of you, in all the exercises of Christian piety, that I may perform them with constancy, recollection, and faith, so that they may merit to be presented by your hands to the Most High, and to be accepted by Him as incense of grateful sweetness.

Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

Fifth day

Most glorious archangel, St Michael, at whose feet the most sublime dignity



of this earth bows down in humiliation, look with an eye of mercy on my miserable soul overruled by so many passions, stained by so many sins, and obtain for me grace to overcome the former and detest the latter, that having once risen to a new life I may never again fall into so unhappy a state.

Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

Sixth day

Most glorious archangel, St Michael, who, being the terror of the devils, is destined by the Divine goodness to defend us from their assaults in the last combat, console me, I implore of

you, in that dreadful moment with your sweet presence, help me with your invincible power to overcome all my enemies, that saved through your means from sin and hell, I may praise your power and mercy for all eternity. Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

Seventh day

Most glorious archangel, St Michael, who with more than paternal eagerness descends compassionately into the suffering Kingdom of Purgatory to free the souls of the elect, and transport them with you into eternal happiness, obtain for me that by leading a holy and fervent life I may merit to be exempt from those fearful pains; but if for unknown faults or not having made sufficient atonement in this life I shall be condemned to suffer there for some time, plead then my cause before our Lord, and inspire all my friends to offer suffrages for me, that as soon as possible I may fly to heaven to shine with that most holy light which was promised to Abraham and all his descendants.

Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.



■ Visitation of the statue of St Michael of Gargano in the parish of Bemowo, Warsaw, Poland

Eighth day

Most glorious archangel, St Michael, who art destined to sound the trumpet announcing the General Judgment, and to precede the Son of Man with His Cross in the great valley, obtain that the Lord may anticipate it for me by a judgment of goodness and mercy in this life, chastising me beforehand for my sins, that my body may rise with the just to a blessed and glorious immortality, and my spirit be consoled at the sight of the Lord Jesus, who shall form the joy and consolation of all the elect. Saint Michael the Archangel, defend us in battle, etc.

Litany to St Michael.

Ninth day

Most glorious archangel, St Michael, who, constituted the governor of all mankind, are in a special manner the guardian of the Catholic Church and of her visible head, bring back into the bosom of this elect Spouse of Jesus Christ all the wandering sheep, nonbelievers, Jews, schismatics and sinners, that all, united in one common sheepfold, may together sing for all eternity the sovereign mercy. Preserve the Church in the way of sanctity, and defend from all enemies the infallible interpreter of her will, her vicar on earth, the Roman Pontiff, that always, obedient to the voice of that universal pastor, none may stray from the path of salvation, but all, increasing every day in justice, both subjects and superiors, peoples and leaders, may form on earth that society of peaceful and indissoluble concord which is the image, the prelude, and the pledge of that perfect and eternal society which all the blessed in heaven compose with **Iesus Christ.**

Saint Michael the Archangel, defend us in battle, etc. Litany to St Michael.

The statue of St Michael visits many countries

There is a non-stop tour of the replica statue of St Michael the Archangel from the Shrine of Monte Sant' Angelo taking place from 12th April - 31st December 2013 in Poland going from church to church, school to school and religious order to religious order.

Entrust my entire family

"For me, the most amazing thing was the fact that I could entrust my entire family to the protection of St Michael. In other words, all that which is most important to me" says Anita, a parishioner of Our Lady of the Angels in the Bemowo area of Warsaw and the mother of three children. In a voice almost breaking from sheer emotion: "I think that it was an appropriate moment, not just for my own family but also for others, to take stock of what is most important and which is so easily overlooked in the hustle and bustle of our daily lives."

Anita's was by no means a lone voice. Tens of thousands of people in Poland have encountered St Michael, from among whom about 10,000 have decided to wear the scapular which portrays the likeness of the Prince of the Heavenly Host and to accept the responsibilities which go with it (as Knights of St Michael). Whole groups of pilgrims are coming to the churches to pray in front of this statue, as well as priests and religious from many parishes, with churches full to bursting point even in the middle of the week. Some of the people have travelled hundreds



of kilometres in order to take part in these extraordinary events.

"I have come here to Marki from Elk, it is about two hundred kilometres" says Jan, a catechist. "I practised a form of New Age for 10 years and only later became aware that it was based on a false spirituality. I only realised that many years later. In my heart I wanted to be a warrior like St Michael. The day upon which I had taken my oath of allegiance to the Knighthood of St Michael the Archangel was also the day on which Pope John Paul II visited Mount Gargano where, among other things, he spoke of the need to take-up a spiritual battle. That is why I now want to do just that as a Knight of St Michael, to be able to tell my pupils,

who watch various TV superheroes, of a true real-life superhero."

A time of Grace and Power

One has to admit the extraordinary capacity which children have to encounter and accept the person of St Michael with simple joy. "St Michael the Archangel, you come today to Bemowo and I give you my word that this makes all the children very happy" says 4 year- old Maciek. Beside him two rows of children in angel costumes gaze impatiently at the statue of St Michael. A few rows further back their proud parents point out their

children to one another. Things were even more beautiful in Gorsk – the first encounter of many children with Jesus at their First Holy Communion was joined with their meeting with St Michael. Fr Piotr Prusakiewicz CSMA says: "A time of Grace and Power is now much more than just a promotional slogan. Observing the faithful, who have come to meet St Michael the Archangel, I see just how much his support is necessary today."

Feel his invisible presence

Fr Rafal Szwajca, CSMA from Bemowo in Warsaw adds: "It was possible to feel his invisible presence and activity, certainly in the confessionals, where many people came to confession for the first time in many years, as well as in the many prayer intentions for healing and deliverance from addictions."

Henry, a parishioner from Bemowo, stated: "I must admit that I did not pray either to my guardian angel or to St Michael before. When we used to recite the prayer to St Michael at the end of Mass, I would recite it mechanically.

However, I did wait for the visit of the statue of St Michael from the famous grotto at Gargano, with an unusual degree of impatience. I wanted to entrust my children and grandchildren to his protection and feel that I will now ask for his help and intercession more often."

Exceed our expectations

Over five months have gone by since the start of the statue's long journey. The level of interest in the visitations of the statue of St Michael appears to exceed even our wildest expectations. At one point we even ran out of scapulars to give out to all those who asked for them. In Poznan, people had to queue for between 10 and 20 minutes to adore the statue. There is a constant stream of parishes asking for the statue to visit them. Something which had been envisaged solely as an event limited to the Order of St Michael, quickly extended to the rest of Poland. This is a witness to the extent to which we today need the intercession of St Michael. We still have invitations from parishes and religious



houses as well as prayer groups and schools dedicated to St Michael.

Fr Piotr Prusakiewicz said: "A long list of locations on the tour are waiting of the statue to arrive and we are doing all we can to ensure that St Michael can reach all those who wish to meet him."

What are the fruits of such an encounter? Fr Rafal Szwacja says: "Firstly, the faithful will find out more about the person of St Michael as, unfortunately, he is little talked about. It could also result in a revival of devotion and pilgrimage to the apparition grotto on Mount Gargano."

As to the spiritual fruits? Anita said: "My entire family left the service feeling strengthened and full of hope. Hope, because we had remembered that there was a person on whom we could always count in today's difficult times."

Fr Rafal summed up: "All now rests in the hands of God. He knows best when it is the right time to touch people's hearts."

Poland is the first country to be visited by the Heavenly Prince. Maybe your country is next?



Karol Wojteczek Fr Rafal Szwacja CSMA, Poland

Jesus invited me on the pilgrimage

"The best thanksgiving for God's gifts is to pass them on to others"

Anonymous

This quotation prompted me to want to share some thoughts on two recent pilgrimages to the Divine Mercy Shrine in Krakow.

▼ arlier last year I had thought of making a return visit to Lourdes ■ after an absence of several years but for one reason or another this did not work out. A pilgrimage to the Divine Mercy Shrine was not on my agenda for August 2012 but what at the time seemed a chance meeting with a friend who is devoted to Divine Mercy and St Faustina, changed this as I felt the enthusiasm so strongly that I did not hesitate to take the opportunity of joining the pilgrimage and in fact filling the last available place. But this was going to be months later and I did not give much more thought to it. Later I came to realise that chance had nothing to do with it.

In January 2013 I had chosen St Faustina as my spiritual companion for this year so it was a special privilege to again find myself in this Year of Faith following St Faustina's pilgrim way by making a return visit to the Divine Mercy and



■ Divine Mercy Shrine in Cracow-Lagiewniki, Poland

Marian shrines, walking in the footsteps of Poland's many holy men and women.

There were so many memorable moments on this pilgrimage from 23^{rd} May – 2^{nd} June 2013: Fr Peter leading us in spirituality, the prayerfulness of this international group of over 50 people from 14 countries.

So it was that I met with the other Scottish pilgrims at the airport early on a spring morning, 4am to be precise, an hour when most of us would still have been asleep, not yet ready to meet a new day. What a cheerful, friendly group they were and continued to be for the duration of the week and I quickly felt one of the group, not a late arrival on the scene. On arrival at Krakow we were warmly welcomed by Fr Peter Prusakiewicz CSMA, our

Spiritual Director for the pilgrimage and Noreen Bavister the organiser and met the other pilgrims from the UK and the "rest of the world".

At our first Holy Mass later in the afternoon I was immediately struck by the opening words of Fr Peter's homily and recalled my so called chance meeting: "If you are here, it is not an accident... you have been invited personally by Jesus... it is Divine Providence..." And so this set the tone for the week's pilgrimage with Stations of the Cross, three Holy Hours, daily Holy Masses and homilies bringing their own particular invitation to us as we were drawn closer to the message of Jesus' Divine Mercy. The hymns and sensitive music by Terry Harley and Mary Doogan added the prayerfulness of each day.

There was time to become acquainted with others in the group and develop friendships and each day brought its grace-filled moments.

A visit to nearby Auschwitz brought poignant memories of those who had suffered and died there among whom were Maximilian Kolbe, a Franciscan priest, and Edith Stein, a convert from Judaism who became a Carmelite nun, in religion Sister Teresa Benedicta of the Cross. This gave time for moments of prayerful reflection.

Visits to other shrines took us through the Polish countryside to the shrine of Our Lady in Kalwaria Zebrzydowska, an important destination for pilgrims with its miraculous picture and to nearby Wadowice, the home of Blessed John Paul ll. Journeying on to the shrine of the Black Madonna in the monastery of Jasna Gora at Czestochowa we visited the children at an orphanage run by the Sisters of Our Lady of Mercy where we were greeted once again with generosity and hospitality, after lunch the children danced and sang for our group. We then went on to follow the Way of the Cross before celebrating Holy Mass in front of the beautiful, miraculous image of the Blessed Mother. It was a most wonderful experience and has left me with a vivid and lasting memory.

What might seem an unlikely inclusion on the pilgrimage was several hours spent at the salt mine in Wieliczka. A UNESCO World Cultural Heritage site and one of the oldest salt mines in Europe, it portrays some 900 years of Polish tradition and history, the work of generations of miners. At the bottom level, at 135 metres, is the large subterranean Chapel of St Kinga, with many beautiful religious sculptures adorning this level, the most recent addition, that of Blessed John Paul II.

There were opportunities for little penances when the weather was none too kind. There were the nostalgic memories of childhood Corpus Christi Processions re-awakened by our participation in following the Blessed Sacrament, held aloft, through the streets of Krakow on that rainy Thursday morning with the sun bursting forth at the final stage of the procession for the mid-day Holy Mass. What a joy to mingle with the faithful, priests, religious, church and city dignitaries, while little children strewed a carpet of flowers ahead of the Blessed Sacrament and we gave witness to Christ in our lives.

The first Saturday of June 2013 found us at the shrine of St Michael the Archangel and the tomb and museum of Blessed Father Bronislaw Markiewicz, founder of the CSMA, in Miejsce Piastowe. Some time was spent at the convent of the Sisters of St Michael the Archangel. In the evening we took part in the Holy Mass and the candlelit Fatima procession along with some several thousand people. Here, and wherever Holy Mass was being celebrated, one could not help but be impressed by the numbers of people present of all ages and by the fervour of their devotion. It was heartening to be part of this outpouring of prayer. It reminded me of the added joy last year to the occasion was the presentation of the Bene Merenti Medal to a few of our pilgrims to honour the work they have done for the glory of God.

There are many reminders of Blessed John Paul II on this pilgrim way and of course at the Shrine which he visited frequently to pray before the Divine Mercy image and relics of St Faustina. Recalling some of his words at the canonization of St Faustina we are instructed to tell others of the merciful way, that *it is God's gift for our time*. The message? Trust in God's mercy.

Sunday Holy Mass in the Chapel of the Passion concluded with several of our pilgrims making their public vows as Knights of St Michael the Archangel, the devotional movement overseen by the Congregation of St Michael the Archangel. We were all encouraged to pray the chaplet to St Michael and recite daily the prayer of Pope Leo XIII to St Michael and with an invitation to consider this apostolate in our lives. This was a truly wonderful experience of prayer and many graces. I often sit quietly and hear again the rich melodic voices of the Polish nation filling the air with:

Christus Vincit, Christus Regnat Christus, Christus Imperat.

And then, as though I needed reminding, the bells of the Shrine calling: Jesu ufam Tobie!

Martha Kelly, Scotland

PILGRIMAGE

10th - 17th June 2014

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Divine Mercy Pilgrimage
to Poland and Lithuania

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Belarus Project

hank you for your generous hearts and kind donations. The shell of the pastoral centre is almost complete. No gift is too small to change lives and make a difference to the youth of my parish.

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Please visit the GCF site: www.globalchildrensfoundation. org.uk to find the link to our Just Giving page to make a one-off or monthly donation.

I am very grateful for your financial support. Every Tuesday (the day of St Michael the Archangel) I celebrate a Mass for all the donors of this project.

Special thanks to Father Peter Prusakiewicz CSMA, the chief editor of The Angels magazine, who is the patron of this work.

With my gift of prayer and a humble heart. God bless you.

Father **Christopher Poświata** CSMA Belarus Project Global Children's Foundation PO Box 4332, Harlington, Dunstable, Beds LU5 6NR UK







Little and large angels

One night a little girl could not sleep. She asked: "Mummy, could you read something for me, please?" Her mother was reading the latest issue of "The Angels" magazine. She showed her daughter a photo with the children from Gatowo, Belarus which is a great distance from where she lived holding a figure of the infant baby Jesus during the Christmas holidays.

he mother spoke to her about a youth centre that was being built there and that would one day be a good and happy environment for the young children, where they would receive education to develop their natural skills and talents alongside religious education.

A few months later when it was getting near to the little girl's First Holy Communion day, she said to her mother: "Mummy I am going to ask all the guests who are coming to my celebration party not to buy me presents and all the money I receive we will send to the children from Gatowo". The mother through her tears looked at her daughter and said: "This is a big sacrifice because you know how you like to receive gifts." The daughter replied: "I'll be all right, besides I have already decided." At the end of May 2013, we received the donation from this little girl. We were very moved by the goodness of

this little child's heart that it touched us deeply. So much so, that I used this true and wonderful story during my homily the following Sunday. These wonderful kind children from countries many miles away will probably never meet those whom they have helped in their lifetime here on earth. But, maybe they will in heaven. Tonino Bello once wrote that we are all angels with one wing. To lift up and fly high to heaven – we have to use our hands.

The action of this little girl was like fingertips, as a gesture of an angel. A little angel. With my outstretched hand, with all my heart, I want to thank also all the "big angels" – I want to thank you for your heart and all the gifts. For all the outstretched hands. Through the grace of God the walls and the roof on our new youth centre are now complete – the Pastoral Center for children and the youth still has much work to be done. We will soon have a

cement floor and partition walls built for different rooms. We hope to have water, electricity, gas and other essentials.

One day we may build a church but for the time being we can use one room in this large youth centre for the Holy Mass. Can you imagine the first Mass inside for my parishioners and not using the old caravan, where they have patiently stood outside in all kinds of weather. The 1950s caravan has served me well. If it is God's will on 29th September, we may celebrate the Feast of St Michael the Archangel inside the warm building. All my parishioners and I remember you every day in prayer, we really appreciate all that has been done. Each Tuesday I will celebrate the Holy Mass for all donors to this Belarus project.

Fr **Christopher Poswiata** CSMA c/o Father Peter Prusakiewicz CSMA ul. Pilsudskiego 248/252 05-261 Marki, Warsaw, Poland

SCOTLAND

15th – 17th November 2013 Angels in the lives of the saints

Craig Lodge Dalmally, Argyll PA33 1AR Phone: +44 (0) 1838-200-216 www.craiglodge.org

17th November Evening talk on Divine Mercy

St Mary's Church 14, Patrick Street, Greenock Contact: Mgr Denis Carlin Phone: +44 (0) 147-572-1084

18th November 7.00pm Holy Mass Talk on The Holy Eucharist /John Paul II

St Francis Church Auchenbothie Road, Port Glasgow PA14 6JD Contact: Father Joseph Balmer Phone: +44 (0) 147-570-0700

19th November 7.00pm Holy Mass

Talk: Growing in Faith in Divine Mercy

St John the Baptist Church 136, Lower Millgate, Uddinston, South Lanarkshire Contact: Father Dominic Towey Phone: +44 (0) 169-881-3156

20th November 7.00pm Holy Mass Divine Mercy Talk

St Pius X Church Brodick Road, Kirkcaldy, Fife Contact: Father Wojciech Kowalski Phone: +44 (0) 159-2261-901

21st November 7.00pm Holy Mass

Talk: Blessed John Paul II

St Pius X Church, Balcormie Road, Douglas, Dundee DD4 8RP Contact: Chris Phone: +44 (0) 788-7606-807

WALES

11th – 13th October 2013 St Michael the Archangel and his angels (NEW)

Franciscan Friary Monastery Road, Pantasaph Holywell, Flintshire, CH8 8PE Contact: Br Keith Windsor (OFM) Phone: +44 (0) 1352-711-053

2014

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22nd – 23rd February 2014

Main Speaker at the 23rd Divine Mercy Conference Main Hall, RDS, Ballsbridge, Dublin 4

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7th – 9th March 2014 New! Divine Mercy. Following in the Footsteps of St Faustina

Franciscan Friary,

Monastery Road Pantasaph

Holywell, Flintshire. CH8 8PE Contact: Br. Keith Windsor (OFM) Phone office: +44 (0) 1352-711-053

24th – 26th October 2014 Living in the Presence of the Angels

Franciscan Friary, Monastery Road Pantasaph

Holywell, Flintshire. CH8 8PE Contact: Br. Keith Windsor (OFM) Phone office: +44 (0) 1352-711-053

OMAN

20th-27th April 2014 Divine Mercy Mission: Talk and retreats

Holy Spirit Catholic Church

Ghala St, Sultanate of Oman Contact: Fr Albert De'Silva OFM Cap Phone: +968 24 590 373 / 24 594 656 Fax: +968 24 502 513 Denise Vallencey: +44 (0)77-1428 -5456

26th October – 2nd November 2013 English speaking Pilgrimage to Italy <u>lead by the Congregation of St Mi</u>chael the Archangel

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Chief Editor: Father **Peter Prusakiewicz** CSMA Deputy Editor and Chief Co-ordinator: Noreen Bavister

Chaplet of St Michael

L. In the name of the Father, and of the Son and of the Holy Spirit.

A. Amen

Say the following prayer on the medal:

O God, come to my assistance. O Lord, make haste to help me. Glory be to the Father, etc.

1. By the intercession of St Michael and the celestial Choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.

(1 Our Father on the first large bead, 3 Hail Marys on the next three small beads)

2. By the intercession of St Michael and the celestial Choir of Cherubim, may the Lord vouchsafe to grant us grace to leave the ways of wickedness, to run in the paths of Christian perfection. Amen.

(1 Our Father, 3 Hail Marys)

Prayer of Pope Leo XIII

Saint Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray and do thou, O Prince of the heavenly host, by the Divine Power of God, cast into hell Satan and all the evil spirits who wander throughout the world seeking the ruin of souls.

Amen.

3. By the intercession of St Michael and the celestial Choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.

(1 Our Father, 3 Hail Marys)

4. By the intercession of St Michael and the celestial Choir of Dominions, may the Lord give us grace to govern our senses and subdue our unruly passions. Amen.

(1 Our Father, 3 Hail Marys)

5. By the intercession of St Michael and the celestial Choir of Powers, may the Lord vouchsafe to protect our souls against the snares and temptations of the Devil. Amen. (1 Our Father, 3 Hail Marys)

6. By the intercession of St Michael and the celestial Choir of Virtues, may the Lord deliver us from evil and suffer us not to fall into temptation. Amen.

(1 Our Father, 3 Hail Marys)

7. By the intercession of St Michael and the Celestial Choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.

(1 Our Father, 3 Hail Marys)

8. By the intercession of St Michael and the celestial Choir of Archangels, may the Lord give us perseverance in faith and in all good works, in order that we gain the glory of Paradise. Amen.

(1 Our Father, 3 Hail Marys)

By the intercession of St Michael and the celestial Choir of Angels, may the Lord grant us to be



protected by them in this mortal life and conducted hereafter to eternal glory. Amen.

(1 Our Father, 3 Hail Marys)

Recite on the next four beads:

- 1 Our Father in honour of St Michael
- 1 Our Father in honour of St Gabriel
- 1 Our Father in honour of St Raphael
- 1 Our Father in honour of our Guardian Angel

O glorious prince, St Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King, and our admirable conductor, who shines with excellence and superhuman virtue, vouchsafe to deliver us from evil, who turn to you with confidence, and enable us by your gracious protection to serve God more and more faithfully every day. Amen.